

DECISION-MAKER:	HEALTH OVERVIEW AND SCRUTINY PANEL		
SUBJECT:	MENTAL HEALTH MATTERS		
DATE OF DECISION:	19 DECEMBER 2016		
REPORT OF:	DIRECTOR OF QUALITY AND INTEGRATION		
<u>CONTACT DETAILS</u>			
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STATEMENT OF CONFIDENTIALITY

None.

BRIEF SUMMARY

The purpose of this paper is to update the Health Overview and Scrutiny Panel (HOSP) on the progress of the Mental Health Matters following the briefing in March 2016.

RECOMMENDATIONS:

- (i) The Panel is asked to note the content of this report and priorities for local delivery of Mental Health Matters, and to support the priorities for implementation.

REASONS FOR REPORT RECOMMENDATIONS

1. To ensure that the HOSP has oversight of the way in which the proposals were developed, decisions made and implemented.

ALTERNATIVE OPTIONS CONSIDERED AND REJECTED

2. None.

DETAIL (Including consultation carried out)

Purpose and Scope of the Review

3. The priority across Southampton City Council and Southampton City CCG is to ensure that those people in Southampton who require mental health support get access to the services they need, when they need it, with the outcomes they deserve.
4. In response to a number of concerns being raised about the quality and outcomes we were achieving for people with mental health problems, an initiative led by the Health and Wellbeing Board, a Mental Health Matters event, took place in late 2014 which sought to hear people's views in relation to the city's mental health services. Mental health has also been identified as a potential focus area in the Right Care work and benchmarking data showed that improvements needed to be made.

5. Following a period of engagement and consultation priorities for the City have been developed that also take into consideration local and national priorities such as Five Year Forward View for Mental Health and the Sustainability and Transformation Plans.
6. The mental health matters heading formed the backdrop to a number of themes within mental health and concurrent workstreams and the implementation plan (See Appendix 1) has drawn all of those themes together to provide a coherent picture and pathways these include:
 - Future in Mind and the Child and Adolescent Mental Health Service (CAMHS) Transformation Plan
 - National targets:
 - Access to IAPT (Increasing Access to Psychological Therapies) – Steps2Wellbeing service
 - Dementia Diagnosis Targets
 - Access and waiting time standard for psychosis
 - Waiting time standard for eating disorder services (young person)
 - Access numbers for CAMHS
 - Increases in people receiving individual placement support (IPS) for employment
 - Increase in number of people with serious mental illness (SMI) that receive physical health screening and interventions
 - Access to mental health liaison
 - Reduction in suicides
 - Parity of Esteem
 - Current mental health changes within main NHS providers
 - Crisis Care Concordat
 - Better Care Fund
 - Links to city wide Early Intervention and Prevention Services
 - Implementation of the Five Year Forward View for Mental Health
 - Development of Sustainability and Transformation Plans (STPs)

Consultation update

7. Appendix 2 attached to this report is an analysis of the feedback from the consultation that ran from February to May 2016. The proposals for mental health within the consultation received strong support with an average of 86% of people agreeing or strongly agreeing to the proposals. Of the 240 responses to the consultation 56% identified themselves as service users or carers, with good representation from BME communities 11.9% against a prevalence of 18.2% in the City.

Update following review of local services – Adult Mental Health

8. The mental health review was undertaken to address concerns which had been raised locally and does address issues that were subsequently raised within other processes, including the Mazars report which was released in December 2015. The CCG, working jointly with Southampton City Council and Southern Health Foundation Trust (SHFT), had therefore already begun to make improvements within Mental Health Services. These improvements, which are described below, are therefore related to the actions needing to be taken as a result of the Mazars report and to the transformational plans

- developed through the Mental Health Matters consultation.
9. Following the Mazars and a CQC inspection earlier in 2016 which lead to an enforcement action, SHFT have responded to the issues raised and have been implementing an action plan to make changes to their service delivery and governance. A subsequent CQC inspection in September 2016 resulted in the removal of the enforcement action. There have still been areas for improvement identified at a trust level which we will continue to monitor.
 10. Improving RCAs (root cause analysis), sharing lessons learnt from this process and completing a backlog of reviews was noted as a priority from Mazars. The local CQRM receive regular root cause analysis reports at the local CQRM and the backlog has been addressed.
 11. SHFT continue to attract intense media and political attention and this has affected the speed at which changes within Southampton have occurred. The national shortage of qualified nurses and medical staff has been further effected by the negative attention surrounding SHFT and this has made recruitment very challenging. Consequences of staffing shortages have been seen with the temporary closure of the PICU (Psychiatric Intensive Care Unit) at Antelope House due to unsafe staffing levels. The focus of the CCG and partners continues to be to work alongside SHFT to implement action plans and address these workforce issues. SHFT are working to the recruitment plan set in place and are on track to at least partially re-open some PICU beds in February.
 12. During the September CQC inspection Antelope House and Forest Lodge were inspected and it was noted that Antelope House had a series of recruitment initiatives and this was described favourably in the report as ‘...interesting staffing proposal to encourage staff to join the team..... Clear plans to enable rotation between the community and ward teams....’
 13. The recommendation for Forest Lodge was some estates work to the shared bathrooms for renovation which it was noted was already in the estates programme but the CQC asked them to prioritise this work. They also noted some ligature points but also noted that as this is a rehabilitation ward the patients are at low risk. SHFT have reported that this is managed through the admission criteria and care planning, which will focus on risk and mitigate accordingly.

Mental Health Matters - Adults

14. In September 2015 community teams formed into three Community Mental Health Teams (CMHTs) to align with the Better Care clusters. This change has had a positive effect on the care pathways for patients and has seen a reduction in waiting times, although pressures still remain. The City has also had a strong focus on culture within teams and on the quality of services. This section should be read alongside the attached implementation plan. Other positive improvements within the City include;
 - Embedding employment workers within the CMHTs which has received very positive feedback from both staff and service users and seen a huge increase in the number of people accessing support.
 - Agreement and funding of a 24/7 psychiatric liaison team within University Hospital Trust Southampton (UHS).
 - Expansion of the EIP (Early Intervention for Psychosis) team and

- meeting the new national waiting time standard.
 - Increased out of hours support from the AMHT (Acute Mental Health Team).
 - Reviewing and designing better crisis services including the development of an 'arrivals and discharge' lounge as an alternative to inpatient admission, admission to physical health hospitals and use of Section 136.
 - Leading developments for Borderline Personality Disorder, Mood Disorders and crisis care.
 - Mortality reviews within 48 hours has increased from 48% in January to over 90% currently.
 - Development and implementation of the STAR project within primary care to help inform a future model for primary care mental health which will give access to earlier help.
 - Achievement of national Dementia Diagnosis target and improvements to dementia care.
 - Development of Dementia Friendly Southampton and dementia review.
 - Planned investment in frontline services following the announcement of the Five Year Forward View for Mental Health in particular the development of an 'arrivals and discharge lounge' to help with the crisis pathway.
15. There remains significant challenges within Adult Mental Health (AMH) and the rest of the mental health services but we believe that the Mental Health Matters review is focusing on the right approaches and this has been supported in the consultation. The focus of attention for the next 2 quarters between SHFT and commissioners will be:
- Recruitment
 - Changes to staffing structures to make better uses of career pathways and multi-disciplinary work to improve recruitment.
 - System wide work on the crisis pathway
 - Improvements to the rehabilitation pathway – rehabilitation review
 - Implementation and recruitment of the new staffing model with Antelope House to return to local provision of PICU
 - Continue to develop and implement changes to the personality disorder pathway
 - Continued focus on Care Planning and Risk Assessments
 - Continued focus on quality
16. Following SHFT's recruitment to the Southampton Area Manager post last year we have developed strong collaboration for the mental health matters process and these relationships are proving invaluable in meeting the local and national challenges of the last few years.

Mental Health Matters - CAMHS

17. Mental Health Matters is an all age project and as such there has also been a significant focus on children and young people. As part of the mental health matters review there was also the development of the local transformation plans for CAMHS (children and adolescent mental health services).
18. Following the publication of Southampton's CAMHS Transformation plan in

2015 the plan has been refreshed to provide a shorter summary document and to reflect changes in line with the outcomes from the Mental Health Matters review.

19. The attached CAMHS Transformation Plan (draft) should be read in conjunction with the Mental Health Matters consultation feedback and the Integrated Commissioning Units Transforming mental health care and services for the residents of Southampton which outlines all of the national and local targets for mental health.
20. The CAMHS Transformation Plan, consultation feedback and transforming mental health services document will be published on the CCG mental health matters website page and will be regularly updated to provide updates to the mental health matters project.
21. Implementation of the CAMHS Transformation Plan has already begun in the following areas;
 - Early intervention and prevention – investments and recruitment within CAMHS which includes developing a workforce to work with children and young people at an earlier point within schools and primary care
 - Reduction in waiting times – waiting times projects in CAMHS focusing on the overall waiting times, but also specifically on the waiting times for autism assessments and access to psychological therapies such as CBT (cognitive behavioural therapies).
 - Crisis pathways – increase in nursing to undertake crisis work alongside a more detailed piece of work commencing to review the crisis pathway
 - Developmental disorders – review to be undertaken into the pathways and services available for both autism and ADHD.
 - Early intervention in psychosis (EIP) increase in funding to EIP to ensure that young people have access to timely interventions for psychosis
 - Eating Disorder – increase in investment into providing access to timely assessments and interventions for children and young people experiencing an eating disorder.
22. The proposed new model will provide better care for people with mental health needs by strengthening current services and placing a greater focus on early help, wider access to therapeutic interventions, support for people to return to employment and to improving the 'Recovery' focus of all services.

RESOURCE IMPLICATIONS

Capital/Revenue

23. The capital/revenue implications have not yet been identified

Property/Other

24. There are no property implications

LEGAL IMPLICATIONS

Statutory power to undertake proposals in the report:

25. None

Other Legal Implications:

26. None

POLICY FRAMEWORK IMPLICATIONS

27. There are no policy framework implications

KEY DECISION? No

WARDS/COMMUNITIES AFFECTED: All wards

SUPPORTING DOCUMENTATION

Appendices

1. Transforming mental health care and services for residents of Southampton City plan
2. Mental Health Matters – Consultation Feedback and Analysis
3. CAMHS Transformation Plan Summary

Documents In Members' Rooms

1. None

Equality Impact Assessment

Do the implications/subject of the report require an Equality and Safety Impact Assessments (ESIA) to be carried out. Yes

Privacy Impact Assessment

Do the implications/subject of the report require a Privacy Impact Assessment (PIA) to be carried out. No

Other Background Documents

Equality Impact Assessment and Other Background documents available for inspection at:

- | Title of Background Paper(s) | Relevant Paragraph of the Access to Information Procedure Rules / Schedule 12A allowing document to be Exempt/Confidential (if applicable) |
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| 1. Equality Impact analysis – Mental Health Matters Review | |